



# Kweebec News

For campers, parents and staff

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September 10, 2009

As a great 2009 Camping Season has past we can't wait for the summer of 2010 to begin! **Get ready for the best summer of your life!!!**

When we see you at the camp Reunion on Sunday, January 10<sup>th</sup> we will have lots more to tell you – but here are a few things for you to look forward too!

## Sports



All of our great sports programs will continue to get even better, including basketball, soccer, football, hockey, and softball, but you will also have...

## Gymnastics



A great new program for 2010 including only the best instructors!

Look forward to: Tumbling/ Floor Exercise, Uneven Bars, Balance Beam, Spring Board and Vaulting Table in our own center dedicated to a great gymnastics program – done safely with expert instruction from beginner through advanced.

## Wrestling

Interested campers can learn all you need to know to become an expert wrestler from our great instructor Ken Sturm who has coached at all levels. If you want to learn wrestling or are already involved you will love this program!



## Baseball

Last summer we had more campers interested in baseball than ever before! Our new baseball field complete with "blue monster" fence is ready for you along with our college and high school coaches. For those interested, Kweebec is already trying to line up some games with outside teams along with our own in-camp program. What famous baseball player will throw out the first pitch? Just wait and See!

## Lacrosse

This is another activity for both boys and girls getting a real boost in the summer of 2010! You'll be getting great instruction not only in throwing and catching and



ground balls, but you can learn the way to do different dodges like the power dodge, face dodge and roll dodge, and how to really play offense and defense as your stick work continues to improve!

## Tennis



Look for our great instructors to continue to make tennis fun and help all of us get better at it. This summer our newly resurfaced courts will not only be beautiful but will add to the fun! Guess what color they will be! Lots of tournaments this summer for interested campers – maybe even one that is co-ed!

## The Arts (Arts and Crafts, Music, Drama, Dance etc.)



At Kwebbec the Arts are always on “center-stage!” Just walking around camp you will see kids and staff dancing with the 76’ers dancers and Touch of Class Dance Instructors, rehearsing their bunk songs or skits for evening activity, spending time at the campi-theatre practicing for the next camp show, collaborating on their song or story for tomorrow’s campfire, taking guitar lessons in the grove, finishing their woodshop project and beading, painting, paper making, pillow making, making mosaics and tie dying in Arts and Crafts! All of these programs will continue to be exciting and have lots of added activities, instruction and fun for 2010!

## Facilities for 2010

### Lake



As you know Kwebbec is hard at work on the permitting process to reopen our “old” original lake. This will actually give Kwebbec twin lakes! As you cross the dam going up to horseback riding you will see our current lake to your right – filled with boats, surfboards, slides and fishing, and to your left will be the newly re-opened lake filled with sail boats, surfbikes etc. Once the permits are obtained work can begin! We hope it will be soon!

### Dance Studio

In 2010 our beautiful new dance studio will get the addition of another practice/ performing stage overlooking the lake! Not only will this give us more room for our “performers” but will be a scenic place to enjoy music and dance, and watch the sunset!

### Hockey Courts



Our hockey courts will be even “cooler” this summer as they receive new surface coatings. They’ll be even more fun for hockey (floor and roller), indoor soccer and “super gaga”!



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## Campi-theatre

The camp-theatre is being renovated with a larger stage, new sound system and lighting, and maybe even some additional seating. Campers and counselors will love this!

## Looking Forward

Even though school has started camp isn't that far away! Counselors have been checking in – emails and facebook messages from campers and staff keep coming and soon the reunion will be here! Just remember your camp friends, fun and activities like leagues pro's, shows, trips, pioneer day, battle of the countries, inter camp games, dances, big-sister little sister, big-pal and little pal, campfires, talent shows – on-and-on- and on. Doing these things with your camp friends is what makes them really special. So, as we look forward to the summer of 2010 – remember "Kweebec Spirit's Made for the New Decade!" 2010 will be your best summer ever at Kweebec!

Keep in touch, write or email us about your fall activities and look for your next CK Newsletter in November!

## Trivia Questions

Here are some Kweebec trivia questions for you. If you don't know the answer – take a guess. The first 5 winners get special Kweebec shirts. Just email the answers to [info@kweebec.com](mailto:info@kweebec.com).

How deep is the Kweebec Lake at its deepest part?

How many camper cabins are in Boys Camp?

Who was the fastest pie-eater in Kweebec history?

What year did Camp Kweebec start?

How many athletic directors were at Kweebec last summer in Girls and Boys Camp combined?

How many years has Josh Weiser been at Kweebec and what is the name of his new puppy?

How many sky divers landed at Kweebec for last year's Color War Break?

At the Color War Sing each team performs 4 kinds of songs. The Entrance is one, name the other 3.

What's your favorite flavor ice cream at camp? (any answer wins this one)

How many slides are there at Kweebec's slide swimming pool?

How many square feet is the Kweebec Field House – 3000, 7500 or 10,000?

**Please look in the next edition of "The Kweebec News" for the answers and winners!**